

Making Disciples As You Go  
Lesson Four: Basics of Mentoring  
The Mentoring Model

I. Introduction:

This morning we are beginning a 10-week module on mentoring. We will find that one of the most critical elements in mentoring is your personal **CHARACTER**. But, we will begin with a definition, Biblical foundation, and a process of mentoring.

Definition of Mentor:

Mentoring is a **RELATIONAL** process in which an experienced or knowledgeable person transfers that knowledge or experience to another in an intentional way that facilitates **GROWTH** and development.

Q. What Biblical examples of mentoring can you think of?

II. The Mentoring Model:

The Biblical Command:

➤ See Titus 2:1-5

- The Mentor actively **TEACHES** sound doctrine (vs.1)
- Character **MATTERS** (vs.2-3, and 6)

I urge you, then, be imitators of me. (1 Corinthians 4:16)
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Be imitators of me, as I am of Christ. (1 Corinthians 11:1)
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I want you to notice that in verse 2 Paul tells the older men to be self-controlled and in verse 6 he tells the younger men to be self-controlled. How does this work in the church? The older show the younger what it **MEANS** to be self-controlled and what it **LOOKS** like to be self-controlled.

- The Older **TRAIN** the Younger (vs.4-5)

Q. Why might older people be afraid or hesitant to engage in the ministry of mentoring with younger people (like teenagers)?

Q. Why might younger people (like teenagers) be afraid or hesitant to seek out an older mentor?

A general rule of thumb everyone should follow is this: **MEN** should mentor men and **WOMEN** should mentor women.

- The Mentor actively **MODELS** godly character (vs.7-8)

Practical Things to Consider in Mentoring:

- 6 questions to ask yourself:
  1. In what ways is this person **LIKE** me?
  2. What are his or her apparent **NEEDS**?
  3. Do those needs **MOVE** me?
  4. Do they seem to want **HELP**?
  5. Is this the right **TIME** for me to help?
  6. If I were to write this person's **STORY** how would it read?
  
- 6 insights to gain from the potential disciple:
  1. What do you want to do with your **LIFE**?
  2. You seem to be **INTERESTED** in (name it). Tell me about that.
  3. What are you **GOOD** at? What are you **STRUGGLING** with?
  4. Tell me your **STORY**.
  5. Tell me about your **FAMILY**.
  6. Tell me about your **FAITH**.

What is the **PATTERN**?

There is a five step process involved in the transfer of knowledge or skills:

1. I **DO** – You **WATCH** – We **TALK**.
2. I do – You **HELP** – We talk
3. **YOU** do – I help – We talk
4. You do – I **WATCH** – We talk
5. You do Someone **ELSE** Watches – We talk

Q. How does the mentored benefit from the mentoring process? How does the mentor benefit from the mentoring process?

III. Conclusion:

“Two lines run through every man’s life: a lifeline and a purpose line. The lifeline marks biological progress: the purpose line marks the spiritual progress. Once the purpose line begins to taper off, it is just a question of time before the lifeline will do the same.” (Howard Hendricks)

The Bible would contend that the major purpose of every believer is to glorify God in making more and better disciples of Jesus Christ. Life Groups are key for us in that they, potentially, provide us with an environment geared toward relational development and mentoring. The closing question is this, “What are you doing today that will have a lasting impact on another?”

IV. Homework:

Memory Verse for the week:

<sup>1</sup>You then, my child, be strengthened by the grace that is in Christ Jesus, <sup>2</sup> and what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also. (2 Timothy 2:1-2)